



# FREE TAI CHI CLASSES FOR SENIORS



**HOLLAND GARDENS COMMUNITY ROOM**  
237 16TH STREET  
**TUESDAYS AT 12:00PM**

**FREE LUNCH FOR SENIORS IS  
SERVED EVERY DAY AT 11:30AM**

FOR ADDITIONAL INFORMATION PLEASE CALL  
SENIOR AFFAIRS AT 201-547-5750

**C**  
JERSEY  
**TY**

**#HealthierJC**

